

THREE QUESTIONS TO ASK EVERY MORNING



What is my heart happy about today?

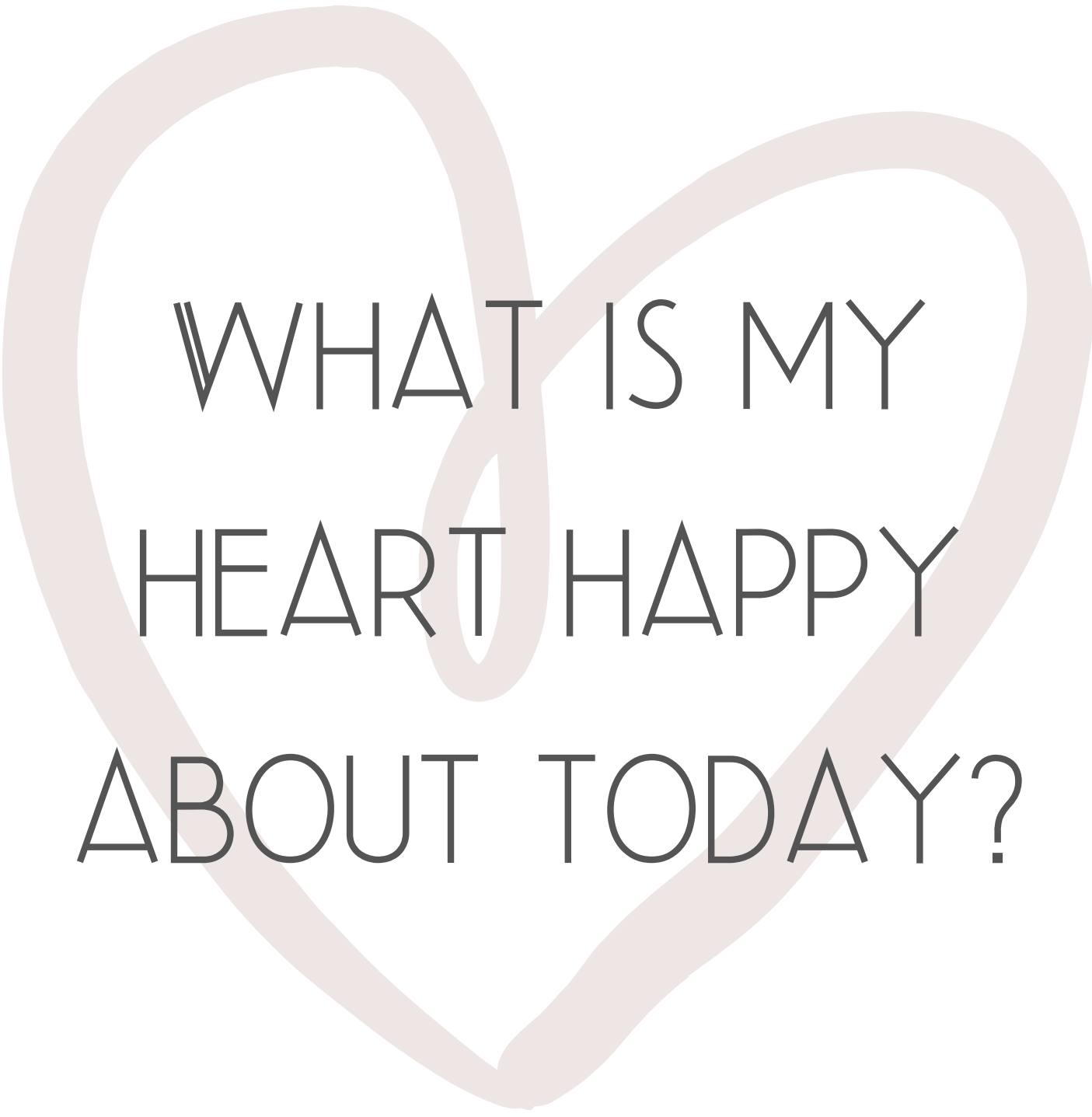


What thoughts might get in my way?



How can I help someone else shine today?





WHAT IS MY
HEART HAPPY
ABOUT TODAY?



WHAT
THOUGHTS
MIGHT GET IN
MY WAY?



HOW CAN I HELP

SOMEONE ELSE

SHINE TODAY?